



# Massages & Serenity

**OUR MESSAGES**   
1h : 120 € • 1h30 : 180 €

## Le Colombier' Signature Massage

Tailor-made modelling with your practitioner, ensuring complete physical and mental disconnection, and allowing you to deeply let go.

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## Californian massage

Relaxing and slow-paced, the manoeuvres are gentle and the pressure light.

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## Swedish massage

An invigorating, deep-tissue massage, ideal for loosening and relaxing muscular tension.

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## KO-BI-DO facial massage

A toning anti-ageing massage, this manual facelift inspired by Japanese massage has an in-depth effect on wrinkles, firmness and radiance.

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## Pregnant woman massage - subject to availability and request

Designed to relieve tension in expectant mothers, this prenatal massage is ideal for soothing body fatigue and pregnancy-related aches and pains.



## PRACTICAL INFORMATION

The wellness area is open every day, subject to availability and by reservation only.

Our massages are performed in an intimate cabin designed for one person only, to offer you a moment of absolute relaxation.

Please specify the type of massage you would like when booking.

We advise you to arrive at the wellness area 5 minutes before the scheduled time. Any delay will result in a reduction in treatment time.

Disposable towels and pants will be provided.

Any health problem or medical contraindication must be notified at the time of booking (blood pressure, heart, vascular or skin problems, pregnancy, etc.) so that we can take the necessary precautions. We reserve the right not to carry out the treatment in the event of contraindication.

Cancellation free of charge up to 24 hours before the appointment. After this time, you will be charged for the entire treatment.

We accept all forms of payment except cheques.



Le domaine du  
**COLOMBIER**

HÔTEL\*\*\*\* - RESTAURANTS

### **Le Domaine du Colombier**

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Information and bookings

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